

Serving those who serve in the public sector.

We're more than 3.3 million members strong in Government and Education.¹



Public sector employees serve people at the local level. At Cigna HealthcareSM, we do the same. We're dedicated to promoting the health and well-being of municipal employees. Our integrated benefits and scalable outreach programs are designed to educate, engage, and support local government, K-12 and higher education customers with the goal of making a difference in people's lives and driving positive outcomes.

A uniquely integrated approach

Cigna Healthcare brings together a number of specialized programs and resources designed to support government and education at the local level. It's that collective strength which enables us to be an effective partner, advocate and benefits provider.

- Virtual Wellness Centers combine convenience and affordability in a seamless connection to care.
- Onsite Wellness Centers offer services ranging from acute to primary care at or near the worksite.

1 in 5 U.S. adults will struggle with mental illness this year²

At Cigna Healthcare, we connect body and mind to help lower costs and drive better health outcomes. We offer comprehensive behavioral health benefits for all clients with:

- 24/7 behavioral health support and crisis line.³
- A selection of education and training options.³
- Specialized programs that support Emergency Responders and Education employees.
- Critical Incident Stress Management program.



Cigna Smart Support[®] Program

To meet the specific needs of government and education employees, we developed the **Cigna Smart Support[®]** Program – a service offering created to promote employee wellness and manage costs. Components include:

- A dedicated **Smart Support call team** with 24/7 live customer service.
- Personal **Health Care Advocates**.
- **My Personal Champion[®]** program, which provides a single point of contact for employees who need additional support during periods of complex medical care.
- Wellness tools on **myCigna.com[®]** and the **myCigna[®] App** for mobile phones.

Offered by Cigna Health and Life Insurance Company or its affiliates. In Utah, plans are offered by Cigna Health and Life Insurance Company.

All sources and disclosures appear at the end of this document. 973403 a 11/24



Real numbers, real progress.

Working with our clients, we strive to increase employee health engagement leading to measurable results in savings and improved outcomes.

A local government in
Colorado achieved

~\$922K total
estimated savings

by implementing Cigna Healthcare
health benefit program.⁴

Supporting our communities

We strongly believe in giving back to the communities. We do this through a variety of grants, awards, and program sponsorships.

- Launched in 2019, **Healthier Kids For Our Future** is The Cigna GroupSM Foundation's signature five-year, \$25 million initiative to improve nutrition and improve the mental health and emotional well-being of children. The initiative works directly with communities across the country to provide children and their families with the support they need.

Diversity, equity and inclusion (DEI) is at the center of our corporate culture. We measure the progress in our own workforce with our annual DEI Scorecard Report, and we focus outward with our Building Equity and Equality Program – an initiative to support diversity, inclusion, equality and equity in communities of color. Recent examples of Program support include:

- We're proud to sponsor the **International City/County Management Association (ICMA)** and **National Forum for Black Public Administrators (NFBPA)**, two organizations that uniquely support the public sector. We work together to promote ways to help improve the health and well-being of their membership and the communities they serve.
- A \$250,000 donation to the **Howard University Urban Superintendents Academy**, which funded scholarships to help I2 educators achieve a promotion to superintendent or an executive leadership role in their respective school district.⁵
- The **Black Men Teach** program, which aims to recruit, place, train and support a more diverse teacher population for primary and secondary schools in the Minneapolis-St. Paul, Minnesota area.



Let's discuss how we can serve you and your employees.

To learn more about Cigna Healthcare benefits and programs for the public sector, contact your Cigna Healthcare representative or visit our industry-specific pages on cigna.com[®]:

> [Local Gov](#)

> [K-12 Education](#)

> [Higher Education](#)



1. Cigna Healthcare Book of Business, January 2023. Reflects Medical & Dental membership. 2. "Adult Ranking 2022." Mental Health America. <https://mhanational.org/issues/2022/mental-health-america-adult-data>. 3. Employee assistance program services are in addition to, not instead of, your health plan benefits. These services are separate from your health plan benefits and do not provide reimbursement for financial losses. Program availability may vary by plan type and location, and are not available where prohibited by law. 4. Results based on City of Lakewood client results from April 2017- March 2022. Individual client results may vary. 5. <https://newsroom.thecignagroup.com/2020-07-23-Cigna-Supports-Pipeline-of-Urban-Superintendents-with-250,000-Grant-to-School-of-Education>.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, contact a Cigna Healthcare representative.

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